

HOW TO MAKE A HEALTHY SMOOTHIE

1. Number
2. Number
3. Number

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THINGS YOU WILL NEED:

*BLENDER

*1 PINAPPLE RING

Number CUP OF ORANGE JUICE

*3 PICKLES

*1 POUND OF FROG GUTS

*1 CUP OF YOGURT

*2 CARTONS OF PORK FLAVORED ICE CREAM

Number JUG(S) OF SPOILED MILK

FIRST

YOU MIX THE,ORANGE JUICE,PICKLES,YOGURT,FROG GUTS,AND PORK FLAVORED ICE CREAM.
THEN YOU MIX IT IN THE BLENDER AND ADD Number CUPS OF SPOILED MILK.NEXT ADD
A PINAPPLE RING ON THE SIDE AND DRINK UP.