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Calorie-Burning Activities

1. Verb Ending In Ing _____
2. Adjective _____
3. Adjective _____
4. Adjective _____
5. Noun _____
6. Number _____
7. Proper Noun Plural _____
8. Number _____
9. Plural Noun _____
10. Number _____
11. Noun _____
12. Number _____
13. Noun _____
14. Number _____
15. Noun _____
16. Number _____
17. Plural Noun _____
18. Number _____
19. Noun _____
20. Number _____
21. Verb Ending In Ing _____
22. Number _____
23. Verb Ending In Ing _____

24. Number _____

25. Noun _____

26. Number _____

Calorie-Burning Activities

Calorie-burning activities

Proper weight control cannot be attained by _____Verb ending in ing_____alone; however, many people who are engaged in _____Adjective_____occupations do not realize that calories can be burned by the hundreds by engaging in _____Adjective_____activities that do not require much (or any) physical exercise.

Here\'s the guide to _____Adjective_____activities and the number of calories per hour they consume.

Beating around the _____Noun_____. . . . . _____Number_____

Jumping to _____Proper noun plural_____. . . . . _____Number_____

Climbing the _____Plural noun_____. . . . . _____Number_____

Swallowing

your _____Noun_____. . . . . _____Number_____

Passing the _____Noun_____. . . . . _____Number_____

Pushing your _____Noun_____. . . . . _____Number_____

Making mountains out of _____Plural noun_____. . . _____Number_____

Hitting the nail on the _____Noun_____. . . . . _____Number_____

_____Verb ending in ing_____backwards . . . . . _____Number_____

_____Verb ending in ing_____in circles. . . . . _____Number_____

Climbing the _____Noun_____of success . . . . _____Number_____

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