

# Calorie-Burning Activities

1. Verb Ending In Ing
2. Adjective
3. Adjective
4. Adjective
5. Noun
6. Number
7. Proper Noun Plural
8. Number
9. Plural Noun
10. Number
11. Noun
12. Number
13. Noun
14. Number
15. Noun
16. Number
17. Plural Noun
18. Number
19. Noun
20. Number
21. Verb Ending In Ing
22. Number
23. Verb Ending In Ing

24. Number

25. Noun

26. Number

# Calorie-Burning Activities

Calorie-burning activities

Proper weight control cannot be attained by \_\_\_\_\_  
alone; however, many people who are  
engaged in \_\_\_\_\_ occupations do not realize that calories can be burned by the hundreds by engaging  
in \_\_\_\_\_ activities that do not require much (or any) physical exercise.

Here\'s the guide to \_\_\_\_\_ activities and the number of calories per hour they consume.

Beating around the \_\_\_\_\_ . . . . . \_\_\_\_\_

Jumping to \_\_\_\_\_ . . . . . \_\_\_\_\_

Climbing the \_\_\_\_\_ . . . . . \_\_\_\_\_

Swallowing

your           Noun          . . . . .           Number          

Passing the           Noun          . . . . .           Number          

Pushing your           Noun          . . . . .           Number          

Making mountains out of           Plural noun          . . .           Number          

Hitting the nail on the           Noun          . . . . .           Number          

          Verb ending in ing           backwards . . . . .           Number          

          Verb ending in ing           in circles. . . . .           Number          

Climbing the           Noun           of success . . . . .           Number          

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