

Broseph

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Broseph

Preheat the _____ to _____ Mark _____ oven _____. Generously _____
a 20cm (8in) non-stick _____ tin. Grate the rind from the orange and set aside, then peel removing all of
white pith. Cut the peeled orange into thin slices and use to line the base of the greased sandwich tin. Drizzle the
honey on top.

Place the _____ sugar and Ainsley Harriott Premium _____ into a food processor
and blend until fine. Add the egg, olive oil, baking powder and reserved orange rind and blend again until well
combined.

Spoon the _____ mixture over the oranges and bake in the _____ for 15-20 minutes until well
risen and _____ brown.

To

make the poached _____ place the _____ and _____ juice in a small _____ with
the sugar. Simmer gently for 5 _____ then remove from the _____ and leave to _____
completely.

Remove the _____ from the oven and leave to rest in the tin _____ a few minutes, then loosen
the sides with a _____ and turn out on to a _____ plate.