

How to make your very own perfect pancakes!

1. Food
2. Food
3. Drink
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Ingredients

Pancake Mixture:

100g plain Food

Pinch of salt

1 Food

300 ml Drink

1 tbsp. melted Food or Food oil

To

Cook

Method

Sift the _____ Food and _____ Food into a mixing _____ Utensil and make a well in the centre. Crack the _____ Food into the well; add the melted _____ Food or oil and half the _____ Drink. Gradually draw the _____ Food into the liquid by stirring all the time with a wooden spoon until all the _____ Food has been incorporated and then beat well to make a smooth _____ Food. Stir in the remaining _____ Drink.

Alternatively, beat all the ingredients together for 1 minute in a _____ Utensil or food _____ Utensil. Leave to stand for about 30 minutes, stir again before using.

To make the _____ Food heat a small heavy-based _____ Utensil until very hot and then turn the heat down to medium. Lightly grease with oil and then ladle in enough batter to coat the base of the pan thinly (about 2 tablsps.), tilting the _____ Utensil so the mixture spreads evenly. Cook over a moderate heat for 1-2 minutes or until the batter looks dry on the top and begins to brown at the edges. Flip the _____ Food over with a palette _____ Utensil or _____ Food slice and cook the second side.

Serving Suggestions

Food

Caster Food

Food juice

Turn onto a Utensil smear with a little Food sprinkle of Food and a squeeze of Food juice â?? enjoy!

