

How to make your very own perfect pancakes!

1. Food _____

2. Food _____

3. Drink _____

4. Food _____

5. Food _____

6. Food _____

7. Food _____

8. Utensil _____

9. Food _____

10. Food _____

11. Drink _____

12. Food _____

13. Food _____

14. Food _____

15. Drink _____

16. Utensil _____

17. Utensil _____

18. Food _____

19. Utensil _____

20. Utensil _____

21. Food _____

22. Utensil _____

23. Food _____

24. Food _____

25. Food _____

26. Food _____

27. Utensil _____

28. Food _____

29. Food _____

30. Food _____

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Ingredients

Pancake Mixture:

100g plain Food

Pinch of salt

1 Food

300 ml Drink

1 tablsp. melted Food or Food oil

To

Cook

Method

Sift the _____ Food _____ and _____ Food _____ into a mixing _____ Utensil _____ and make a well in the centre. Crack the _____ Food _____ into the well; add the melted _____ Food _____ or oil and half the _____ Drink _____. Gradually draw the _____ Food _____ into the liquid by stirring all the time with a wooden spoon until all the _____ Food _____ has been incorporated and then beat well to make a smooth _____ Food _____. Stir in the remaining _____ Drink _____. Alternatively, beat all the ingredients together for 1 minute in a _____ Utensil _____ or food _____ Utensil _____. Leave to stand for about 30 minutes, stir again before using.

To make the _____ Food _____ heat a small heavy-based _____ Utensil _____ until very hot and then turn the heat down to medium. Lightly grease with oil and then ladle in enough batter to coat the base of the pan thinly (about 2 tablsp.), tilting the _____ Utensil _____ so the mixture spreads evenly. Cook over a moderate heat for 1-2 minutes or until the batter looks dry on the top and begins to brown at the edges. Flip the _____ Food _____ over with a palette _____ Utensil _____ or _____ Food _____ slice and cook the second side.

Serving Suggestions

_____Food_____

Caster _____Food_____

_____Food_____juice

Turn onto a _____Utensil_____ smear with a little _____Food_____ sprinkle of _____Food_____ and a squeeze of
_____Food_____ juice ?? enjoy!

