

how to Ripstick

1. Noun
2. Noun
3. Noun
4. Adjective

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First you need a _____Noun Ripstick hips and feet. step one put your right or left foot on the front of the
_____Noun Ripstick. step two put your other foot on the back of the _____Noun Ripstick. step three start
_____Adjective your hips and try down hill.