

Julia Loves to Sleep!

1. Adjective
2. Noun
3. Noun Plural
4. Adverb
5. Adverb
6. Number
7. Verb Base Form
8. Noun Plural
9. Noun
10. Number
11. Noun Plural
12. Adjective
13. Noun
14. Noun
15. Verb Present Ends In Ing
16. Noun
17. Adjective
18. Part Of Body

Julia Loves to Sleep!

One of Julia's favorite things to do is sleep!! She gives her top 5 recommendations to follow if you want a/an

_____ Adjective _____ night's sleep.

1. She likes to open her _____ Noun _____ and fill her room with fresh _____ Noun Plural _____ and then, exhale

_____ Adverb _____.

2. She also says to exercise _____ Adverb _____ at least _____ Number _____ minutes a day. Doctors recommend a

combination of push-ups and _____ Verb Base Form _____ -ups, jumping _____ Noun Plural _____, and of course, deep

_____ Noun _____ bends. Julia's favorite exercise is lifting _____ Number _____ pound _____ Noun Plural _____.

3. Next Julia says to drink a/an _____ Adjective _____ glass of warm _____ Noun _____ a half hour before turning off

your _____ Noun _____.

4. If all else fails, Julia will count sheep _____ Verb Present ends in ING _____ over a/an _____ Noun _____.

5. Her last, and most _____ Adjective _____ tip: Never go to bed on an empty _____ Part of Body _____.