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Advice to be less anxious

1. Food - Plural _____
2. Part Of Body _____
3. Brand Name _____
4. Adjective _____
5. Animal _____
6. Verb Base Form _____
7. Verb Present Ends In Ing _____
8. Noun Plural _____
9. Verb Base Form _____
10. Singer _____

Advice to be less anxious

Hello!

Today I have 10 tips to give you to be less anxious.

1. Every morning eat _____food - plural_____ for your brain.

2. Put some cream on your _____part of body_____.

3. Buy a _____brand name_____ bag.

4. Don't work. It's _____Adjective_____.

5. Adopt a _____animal_____ because you will pick up his habits.

6. _____Verb Base Form_____ your teeth.

7. Spend time doing something you like or pick up a new hobby, like _____Verb Present ends in ING_____.

8. Meet new _____Noun Plural_____ and create new friendships.

9. Take a break, _____Verb Base Form_____, and reflect.

10. Listen to _____singer_____.

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