

## Advice to be less anxious

1. Food - Plural
2. Part Of Body
3. Brand Name
4. Adjective
5. Animal
6. Verb Base Form
7. Verb Present Ends In Ing
8. Noun Plural
9. Verb Base Form
10. Singer

# Advice to be less anxious

Hello!

Today I have 10 tips to give you to be less anxious.

1. Every morning eat food - plural for your brain.
2. Put some cream on your part of body.
3. Buy a brand name bag.
4. Don't work. It's Adjective.
5. Adopt a animal because you will pick up his habits.
6. Verb Base Form your teeth.
7. Spend time doing something you like or pick up a new hobby, like Verb Present ends in ING.
8. Meet new Noun Plural and create new friendships.
9. Take a break, Verb Base Form, and reflect.
10. Listen to singer.