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The Ups and Downs of Nursing Your Baby

1. Positive Adjective _____
2. Family Member _____
3. Negative Emotion _____
4. Number _____
5. Adjective _____
6. Part Of Body _____
7. Plural Biting Insect _____
8. Part Of Body _____
9. Adjective _____
10. Large Mammal _____
11. Adjective _____
12. Food _____
13. Part Of Body _____
14. Adverb _____
15. Verb Base Form _____
16. Drinkable Liquid _____
17. Natural Disaster _____
18. Baby Animal _____
19. Type Of Vocalization _____
20. Negative Emotion _____
21. Negative Emotion _____
22. Verb Base Form _____
23. Media Genre _____

24. Adjective _____
25. Imaginary Scary Being _____
26. Negative Adjective _____
27. Negative Adjective _____
28. Adjective _____
29. Type Of Relative _____
30. Household Furniture _____
31. Type Of Vocalization _____
32. Verb Past Tense _____
33. Profession _____
34. Adjective _____
35. Positive Emotion _____
36. Positive Emotion _____
37. Body Part Plural _____
38. Verb Base Form _____
39. Negative Verb End In Ing _____
40. Adjective _____
41. Noun _____
42. Number _____
43. Name For Group Of Animals _____
44. Part Of Body _____
45. Verb Present Ends In Ing _____
46. Adjective _____
47. Adjective _____

The Ups and Downs of Nursing Your Baby

Nursing can be an _____Positive Adjective_____ way to bond with your baby, has many health benefits for the _____Family Member_____ and child, is more environmentally sustainable, and can help decrease post-partum _____Negative Emotion_____.

While there are _____Number_____ benefits to nursing your baby, there can also be many _____Adjective_____ challenges. For instance, did you know that let down, the feeling of the milk rushing into your _____Part of Body_____ can really hurt? It feels to me like _____Plural biting insect_____ are crawling all over my _____Part of Body_____, stinging and biting.

Then there's the issue of milk supply. Some parents have trouble establishing a _____Adjective_____ milk supply, while others just produce too much. I was in the latter category, and produced milk like a _____Large mammal_____! This made comfort nursing a _____Adjective_____ proposition, as when my little _____Food_____ would latch on for a relaxing nurse, my _____Part of Body_____ would _____Adverb_____ _____Verb Base Form_____ into fire hoses! My _____Drinkable liquid_____ would spray out with the force of a _____Natural disaster_____, and my poor little _____baby animal_____ would _____Type of vocalization_____ in _____Negative emotion_____. It was a _____Negative emotion_____ experience for both of us.

And pumping! Those little machines have inspired thousands of moms to creative _____Verb Base Form_____ _____Media Genre_____

stories about _____Adjective_____ _____Imaginary scary being_____ draining the life out of them. They make a _____Negative Adjective_____ noise, which easily comes across over zoom calls. So when your boss or coworker asks you, "What's that _____Negative Adjective_____ noise?", be prepared with a _____Adjective_____ response, like "What noise?", or "oh, that's just the ghost of my _____Type of relative_____ in my _____Household furniture_____. They _____Type of vocalization_____ in the current season because that's when they were murdered number years ago. I'll VERB them to quiet down, but don't count on it!".

Challenges can often be _____Verb Past Tense_____ with the help of a professional however, so don't hesitate to call your friendly, knowledgeable _____Profession_____ for advice. They can assist with whatever _____Adjective_____ things are coming up for you. As you work through the challenges, you are likely to feel _____Positive Emotion_____ and _____Positive Emotion_____. Babies love _____Body Part Plural_____, and the benefits of being able to _____Verb Base Form_____ one out when your baby is _____Negative verb end in Ing_____ cannot be overstated. The simplest parenting techniques are often the most _____Adjective_____, so cherish to time your little _____Noun_____ nurses, and don't be afraid to keep it up until they are _____Number_____ years old!

However you feed your baby, remember that what works for your _____Name for group of animals_____ is the right thing to do! Listen to your _____Part of Body_____ and, remember that parenthood is constantly evolving. What is _____Verb Present ends in ING_____ now will change soon, so being able to be _____Adjective_____ and _____Adjective_____ are the most important qualities to cultivate. Enjoy!

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