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Birthing

1. Exclamation _____
2. Comparative Adjective _____
3. Number _____
4. Thing _____
5. Thing _____
6. Thing _____
7. Mammal _____
8. Verb Base Form _____
9. Verb Base Form _____
10. Part Of Body _____
11. Verb Base Form _____
12. Noun _____
13. Beverage _____
14. Family Member Name _____
15. Emotion _____
16. Emotion _____
17. Household Chore _____
18. Food _____
19. Food _____
20. Number _____
21. Profession _____
22. Verb Present Ends In Ing _____
23. Verb Present Ends In Ing _____

24. State Of Mind _____

25. Liquid _____

26. Noun _____

27. Activity _____

28. Verb Base Form _____

29. Noun Plural _____

Birthing

A new baby is a(n) _____exclamation_____ adventure, but like all big life changes, the more prepared you are, the

_____comparative adjective_____ .

Gather your labor supplies at least _____Number_____ days before your due date. Don't forget to include your

_____thing_____ , _____thing_____ , and _____thing_____ . This will eliminate unnecessary stress if your baby

_____mammal_____ comes early.

During your labor, be sure to _____Verb Base Form_____ deep and _____Verb Base Form_____ with your _____Part of Body_____

.

When baby is born, _____Verb Base Form_____ with each other and be sure the _____Noun_____ is put away and that

you drink plenty of _____beverage_____ .

When the baby naps, _____family member name_____ should nap, too. Yes, you're going to feel _____emotion_____ and

_____emotion_____ . But resting is more important than _____household chore_____ .

Scientific studies have shown that the best foods for someone who has just given birth are _____Food_____ and

_____Food_____ . Also, the person who gave birth should stay in bed for _____Number_____ days after birth. To

make

this possible, call on a _____profession_____ to help you settle in after the birth. They are experts at _____Verb Present ends in ING_____ and can help you if you are having trouble with _____Verb Present ends in ING_____ .

Postpartum hormones can be _____state of mind_____ . Don't feel silly for crying over things like spilled _____liquid_____ or that _____Noun_____ ad on Facebook.

Capture your everyday _____activity_____ on camera. Believe it or not, this time will _____Verb Base Form_____ by before you know it, and you may actually miss those _____Noun Plural_____ .

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