

Ways to Keep Kids in Shape

1. Verb Present Ends In Ing
2. Noun
3. Noun
4. Verb Present Ends In S
5. Verb Present Ends In Ing
6. Verb Base Form
7. Noun
8. Adjective
9. Noun
10. Verb Base Form
11. Noun Plural

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Choose a skill they need to strengthen for the sport they currently play. Like _____ Verb Present ends in ING _____ the _____ Noun _____ in the backyard, working on those grounders or _____ Noun _____ _____ Verb Present ends in S _____ for softball and baseball.

They can also practice their _____ Verb Present ends in ING _____ for their next tennis match.

And don't let the rain stop you, there are still ways to _____ Verb Base Form _____ a _____ Noun _____ inside your home.

You can play a game of _____ Adjective _____ _____ Noun _____, have a dance party, or even play the floor is lava by finding creative ways to not _____ Verb Base Form _____ the _____ Noun Plural _____ in your garage or living room.