

Ways to Keep Kids in Shape

1. Verb Present Ends In Ing
2. Noun
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5. Verb Present Ends In Ing
6. Verb Base Form
7. Noun
8. Adjective
9. Noun
10. Verb Base Form
11. Noun Plural

Ways to Keep Kids in Shape

Choose a skill they need to strengthen for the sport they currently play. Like _____ the
_____ in the backyard, working on those grounders or _____ for
softball and baseball.

They can also practice their _____ for their next tennis match.

And don't let the rain stop you, there are still ways to _____ a _____ inside your home.

You can play a game of _____, have a dance party, or even play the floor is lava by
finding creative ways to not _____ the _____ in your garage or living room.