

FRESH Message

1. Adjective
2. Noun
3. Noun
4. Noun
5. Noun
6. Verb Present Ends In Ing
7. Adjective
8. Adjective
9. Adverb
10. Noun
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22. Verb Present Ends In S
23. Adjective

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28. Noun
29. Noun
30. Noun
31. Adjective
32. Adjective

FRESH Message

Fauquier Reaches for Excellence in School Health (FRESH) is a _____ Adjective _____ Noun to create a culture of health and wellness for _____ Noun _____ Noun, and the _____ Noun. The FRESH program focuses on _____ Verb Present ends in ING _____ Adjective and _____ Adjective changes in our classrooms, cafeterias, before-during-after school settings, and within the community - _____ Adverb helping our _____ Noun enjoy healthier lives.

FRESH's program has four _____ Noun: 1) Fitness Integration Team Specialists (FITS) work with teachers to integrate _____ Adjective learning into _____ Adjective _____ Adjective _____ Noun, making movement an integral part of the school day. 2) FRESH school _____ Noun provide _____ Adjective opportunities for students to engage in _____ Adjective _____ Adjective, and _____ Adjective activities. 3) In partnership with FCPS Nutrition Services Department, the FRESH _____ Noun _____ Verb Present ends in S culinary training to increase _____ Adjective food options in the school _____ Noun, nutrition education, and community outreach opportunities to support a healthy culture. 4) FCPS FRESH is a catalyst for _____ Adjective change in the community, collaborating through outreach to create a culture of health and wellness in our community.

How: Movement throughout the school day (FITS); _____ Adjective Food (CHEF cafeteria staff training, new _____ Noun, more fresh, local _____ Noun _____ Noun, season _____ Noun); Engaged Schools (clubs, _____ Adjective leaders, bulletin boards, contests, staff wellness, _____ Adjective Days); Communities (Snap Ed cooking classes, teacher supports, community outreach).

