

# How to do The Floss Dance

1. Piece Of Clothing
2. Part Of Body
3. Part Of Body
4. Verb Base Form
5. Part Of Body
6. Verb Base Form
7. Noun Plural
8. Verb Base Form
9. Noun Plural

# How to do The Floss Dance

- 1) Put on some music
- 2) Put on a           Piece of Clothing           (optional)
- 3) Stand with your           Part of Body           ever so slightly bent
- 4) Put your hands in fists
- 5) Place your           Part of Body          , relaxed, at the side of your body
- 6) Begin to           Verb Base Form           your           Part of Body           left and right around your torso in the opposite direction to your hips
- 7) Keep doing it and increase speed and           Verb Base Form                     Noun Plural           occasionally for effect

After building confidence, you can also           Verb Base Form                     Noun Plural           with your arms if desired, but this is not mandatory.