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Healthy Goddess

1. Noun That Describes You _____
2. Communication Device _____
3. Noun _____
4. Noun _____
5. Noun _____
6. Favorite Self-Care Task _____
7. Healthy Noun _____
8. Healthy Noun _____
9. Healthy Noun _____
10. Adjective _____
11. Mindfulness Task _____
12. Negative Feeling _____
13. Positive Feeling _____
14. Name For Your Body _____
15. Verb _____
16. Food _____
17. Verb _____
18. Adjective _____
19. Positive Adjective _____
20. Positive Adjective _____

Healthy Goddess

If my authentic _____noun that describes you_____ could speak on _____communication device_____, she would say I want _____Noun_____, _____Noun_____, and _____Noun_____. To start her day in the best way she would make _____favorite self-care task_____ her priority. Her three non-negotiables for her health would be _____healthy noun_____, _____healthy noun_____ , and _____healthy noun_____. Her mind always deserves to be _____Adjective_____. To achieve this, she will consistently choose _____mindfulness task_____ over _____negative feeling_____. Her body is entitled to feeling _____positive feeling_____ every day. Her _____name for your body_____ needs good _____verb_____, _____Food_____, and _____verb_____ to function at its _____Adjective_____. My dream _____ _____ others to be _____positive adjective_____ and _____positive adjective_____ .

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