

# Extreme Training

1. Term Or Phrase
2. Year
3. Town In Mi
4. Town In Mi
5. Number
6. Verb Present Ends In Ing
7. Noun
8. Adjective
9. Adjective
10. Adjective
11. Noun Plural
12. Noun Plural
13. Adjective
14. Month
15. Number
16. Adjective
17. Verb Past Tense
18. Verb Past Tense
19. Verb Past Tense
20. Adverb
21. Verb Base Form
22. Number
23. Number

24. Adjective
25. Adjective
26. Adjective Ends In Est

# Extreme Training

Talk about being ahead of its time. The AuSable River Canoe Marathon was an extreme sport years before the term, " \_\_\_\_\_Term or Phrase \_\_\_\_\_," was coined. When the race was conceived in \_\_\_\_\_Year \_\_\_\_\_, no one even knew if paddlers could make it from \_\_\_\_\_Town In MI \_\_\_\_\_ to \_\_\_\_\_Town In MI \_\_\_\_\_ non-stop. In fact, to completely check out the race course, Marathon organizers required \_\_\_\_\_Number \_\_\_\_\_ days \_\_\_\_\_Verb Present ends in ING \_\_\_\_\_ during the daylight. In addition, no one had yet run a \_\_\_\_\_Noun \_\_\_\_\_ race throughout the night.

Another indication of its \_\_\_\_\_Adjective \_\_\_\_\_ nature is that the Marathon has never been cancelled due to \_\_\_\_\_Adjective \_\_\_\_\_ weather; including \_\_\_\_\_Adjective \_\_\_\_\_ winds, heavy \_\_\_\_\_Noun Plural \_\_\_\_\_, light \_\_\_\_\_Noun Plural \_\_\_\_\_, thunder and lightning, fog, low water levels, flooding, \_\_\_\_\_Adjective \_\_\_\_\_ heat or cold. The Marathon has gone on, whether there was snow in the air during a \_\_\_\_\_Month \_\_\_\_\_ race, or wind gusts churning \_\_\_\_\_Number \_\_\_\_\_ foot waves on Foote Pond in July. It's no wonder, then, that the AuSable Marathon has attracted a group of \_\_\_\_\_Adjective \_\_\_\_\_ persons who have kayaked, \_\_\_\_\_Verb Past Tense \_\_\_\_\_, \_\_\_\_\_Verb Past Tense \_\_\_\_\_, \_\_\_\_\_Verb Past Tense \_\_\_\_\_ and competed in other sports at local, regional, national and international levels. They are competitors who train \_\_\_\_\_Adverb \_\_\_\_\_ and \_\_\_\_\_Verb Base Form \_\_\_\_\_ hard.

If approximately \_\_\_\_\_Number \_\_\_\_\_ people have paddled in the Marathon over its 70-year history, you can bet that there are \_\_\_\_\_Number \_\_\_\_\_ different training tales out there -- some unusual, some dangerous and some flat-out \_\_\_\_\_Adjective \_\_\_\_\_. Try talking to some of these paddlers, and you will, without a doubt, hear more

\_\_\_\_\_Adjective \_\_\_\_\_

stories from some of the Adjective Ends in EST people that you'll ever meet.