

How To Counquer Depression

1. Verb
2. Verb
3. Noun
4. Verb Ending In Ing
5. Plural Noun
6. Verb
7. Occupation (Job)
8. Sport
9. Sport
10. Sport
11. Friends Name
12. Brother's Name
13. Enemie's Name

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1. _____ Verb _____ everyday. It always helps to _____ Verb _____

2. Do nice things for other people, like do their _____ Noun _____. But don't do it too much, or people might want to use you.

3. Get all the stress out of your life. Whether by vaction, _____ Verb ending in ing _____ or making Mad Libs. By all means, you deserve it!!

4. Make new _____ Plural noun _____. It's pretty simple. Just ask them their name, go out for a _____ Verb _____ etc.

5. Go see a/an fricken _____ Occupation (job) _____. He/she can help you with your problems and make your life better.

6.

Get active. Doing sports such as _____ Sport _____ Sport _____ and _____ Sport _____ can REALLY help you with your depression.

7. Talk about it. Talk to your friend _____ Friends name _____ or your brother _____ Brother's name _____ and maybe even your spouse, _____ Enemie's name _____.