

## how to ollie

1. Noun
2. Noun
3. Noun
4. Noun
5. Noun
6. Noun
7. Verb - Base Form
8. Noun
9. Verb - Base Form
10. Noun
11. Noun
12. Noun
13. Noun

# how to ollie

How to a ollie on a skateboard

First you need a skateboard and a Noun. If you are a beginner you might need knee and elbow pads for when you spinal you don't break your elbow or dislocate your Noun.

Step one: you will first have to know how to ride a skateboard so to learn how you will need to know your footing. To know your footing find the Noun of the board the shorter end put your dominant foot on the front Noun of the board and your non dominant foot on the back where it Noun. That type of footing is regular.the other type is goofy where you have the same footing but the board is Noun. For instance i Verb - Base Form the goofy way.

Step two: you will need to learn how to manual (lower wheely). So what you do is you take your back foot and put your weight on the back Noun and you have to lean even or you could spinal (Verb - Base Form backwards on your back). One important step is to make sure the Noun of your skateboard does not touch the ground or it would be a Noun to your ollie (hop).

Third and final step: now you know your position and your manual so you are ready for a ollie. To ollie when you manual you hit the Noun of your board and push your front foot forward as you hop and Noun your legs.

Now you know how to do a ollie have fun

