

Growth Mindset Self-Talk

1. Your Name
2. Favorite Food
3. Nice Adjective
4. Nice Noun
5. Nice Noun
6. Nice Adjective
7. Nice Noun

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Face it, _____ your name _____, you are about the greatest thing since _____ favorite food _____. Your friends say you are the _____ nice adjective _____ person in the world. So _____ nice noun _____, today is the day you start loving yourself for being _____ nice noun _____. When people say you are _____ nice adjective _____, just think, wow, I am pretty _____ nice noun _____.