

# Growth Mindset Self-Talk

1. Your Name
2. Favorite Food
3. Nice Adjective
4. Nice Noun
5. Nice Noun
6. Nice Adjective
7. Nice Noun

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Face it, your name, you are about the greatest thing since favorite food. Your friends say you are the nice adjective person in the world. So nice noun, today is the day you start loving yourself for being nice noun. When people say you are nice adjective, just think, wow, I am pretty nice noun.