

## Self-Talk Bad Mojo

1. Mean Adjective
2. Rude Name
3. Mean Noun
4. Nice Adjective
5. Mean Noun
6. Mean Noun

# Self-Talk Bad Mojo

Face it Karen, you are about the worst thing since liver. You enemy says your are the mean adjective person in the world. So rude name, today is the day you accept that you are a complete mean noun. And if people tell you that you are nice adjective, just think no, I'm a mean noun and a mean noun.