

Spiritual Mind Treatment

1. Noun
2. Noun
3. Adjective

Spiritual Mind Treatment

Purpose

To know my _____ Noun and the _____ Noun of all life as Love.

Recognition

There is but One _____ Adjective power in the universe, One absolute Presence, One infinite Life, and One pervasive Love. This power, this Presence, this life, this Love is the essence of all life. It is that tender well spring all of creation, for Spirit, God the Great magnificence, is continuously loving itself into existence. Every heart beats as one with this Presence, every breath moves in harmony with the breath of life itself, all love emanates from the unconditional Love of God. God is simply all there is.

Unification

Therefore, I know that I am One with the infinite life of Spirit. My life is inextricably connected to the Divine breath and absolute Presence of God. Right where I am is the essence of Spirit and that essence is Love. I am One in Spirit and One with all life, everywhere. Everyone I see, everything I behold, and all that I experience is a part of the wholeness that is the life of God. I am essential to Life and Life is essential to me. This is the Truth of my life and the Truth of all life.

Realization

The Truth of my being is anchored in Love. It is Love that is the quickening power and the impulse of all that I imagine, all that I intend, and all that I create, for Love is both the root and the blossom of

my existence. I immerse myself in Love, allowing its energy to bathe me in its peace. I open in heart and mind to fully give and receive of the illumined Love of God. My heart is that radiant light extending itself in gentle embrace of all beings and all experiences. I know who I am; I am the Love of God personified; and, ever do I keep fresh within me and before me my divine awareness that I am Love walking, Love breathing, and Love creating this life that is uniquely mine.

Thanksgiving

I am so grateful for this truth that Spirit, and Love, and Life and I are One. I am deeply thankful for the Love that I express and experience as life itself. In this heart of gratitude I surrender all to love, giving abiding thanks for the Love that created my being and all beings everywhere.

Release

Within this place of gratitude I release, letting go into the immutable law of God, into that divine creative power of perfect manifestation. As I know and trust in the Spirit within, I affirm that it is already so. And so It Is. Amen.

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