

Love

1. Name _____
2. What Is A Characteristic About Yourself That You Admire _____
3. What Is A Characteristic About Yourself That You Admire _____
4. What Is A Characteristic About Yourself That You Admire _____
5. What Is A Characteristic About Yourself That You Admire _____
6. What Is A Characteristic About Yourself That You Admire _____
7. What Is A Characteristic You Hate About Yourself _____
8. What Is A Characteristic You Hate About Yourself _____
9. What Is A Characteristic You Hate About Yourself _____
10. How Many Times Should You Say _____
11. What Is An Accomplishment You Are Proud Of _____

Love

Dear _____ Name _____,

Do you remember that little survey you took at TheatreWorx? Well this is what it was for.

You are _____ what is a characteristic about yourself that you admire _____, _____ what is a characteristic about yourself that you admire _____,

_____ what is a characteristic about yourself that you admire _____, _____ what is a characteristic about yourself that you admire _____, _____ what is a

characteristic about yourself that you admire _____ I know you may label yourself as _____ what is a characteristic you hate about yourself _____,

_____ what is a characteristic you hate about yourself _____, _____ what is a characteristic you hate about yourself _____ but in reality you are so much

more than those little words that are meaningless. I want you to hear from yourself "I LOVE YOU"

_____ how many times should you say "I Love You" in a day to a loved one _____ amount of times today and everyday after. If you ever

feel down about yourself thinking you cannot do anythings remember you accomplished this

_____ What is an accomplishment you are proud of _____ Always remember to feel good about yourself and love yourself.

If you know someone who needs to hear this message today, simply tell them they are important and should care

about themselves. You never know who you could save today.

-Love Yourself