

How to Heal a Broken Heart

1. Amount
2. Verb - Present Ends In Ing
3. Preposition
4. Time Frame
5. Direction
6. Noun
7. Noun
8. Verb - Present Ends In S
9. Verb - Base Form
10. Time Frame
11. Verb - Base Form
12. Verb - Present Ends In Ing
13. Verb - Present Ends In Ing
14. Verb - Present Ends In Ing
15. Noun - Plural
16. Adjective
17. Adjective
18. Adjective
19. Proper Noun
20. Verb - Base Form
21. Adverb
22. Adjective
23. Adjective

24. Adjective

25. Verb - Base Form

26. Proper Noun

27. Verb - Base Form

28. Room In House

29. Verb - Base Form

30. Noun - Plural

31. Verb - Present Ends In Ing

32. Adjective

33. Adjective

34. Verb - Base Form

35. Verb - Base Form

36. Noun

37. Time Frame

38. Adjective

39. Adverb

40. Proper Noun

41. Verb - Base Form

42. Adjective

43. Verb - Base Form

44. Verb - Present Ends In S

45. Adjective

46. Verb - Base Form

47. Verb - Present Ends In S

48. Noun - Plural

49. Verb - Base Form

50. Body Parts

51. Verb - Present Ends In Ing

52. Clothing Items

53. Proper Noun

54. Verb - Base Form

55. Adverb

56. Body Parts

57. Noun

58. Verb - Base Form

59. Noun

How to Heal a Broken Heart

Give yourself _____ amount _____ me time. You've probably been in a relationship for a while, or maybe you've been _____ Verb - Present ends in ING _____ Preposition _____ that person non-stop for _____ time frame _____. Now is the time to take a step _____ direction _____, look at your _____ Noun _____, and move on to the next _____ Noun _____. Everyone _____ Verb - Present ends in S _____ down. It's how you _____ Verb - Base Form _____ that defines you.

Take a _____ time frame _____ to do whatever it is you _____ Verb - Base Form _____ most. Whether it's _____ Verb - Present _____ ends in ING _____, _____ Verb - Present ends in ING _____, _____ Verb - Present ends in ING _____, or simply being around your _____ Noun - Plural _____, use the opportunity to surround yourself with _____ Adjective _____ people and do the things that make you _____ Adjective _____.

Start a journal to record how you feel. Writing things down can be a _____ Adjective _____ release. It's called " _____ Proper Noun _____," where you _____ Verb - Base Form _____ your mind through expression. Write about whatever you want to write about. You'll feel a _____ Adverb _____ better after you do.

Don't be afraid to feel _____ Adjective _____. It's normal to feel _____ Adjective _____. Don't feel _____ Adjective _____ or stupid if you _____ Verb - Base Form _____ or get upset -- these things are normal. Going through grief is just another step along the path to _____ Proper Noun _____. Let yourself _____ Verb - Base Form _____.

Go through your _____ room in house _____ and _____ Verb - Base Form _____ all pictures of, _____ Noun - Plural _____ from, references

to the person you're trying to stop _____ Verb - Present ends in ING _____ over. If you have a journal in which you write about the person, begin a _____ Adjective _____ new one. It's a symbolic new beginning, but an _____ Adjective _____ one _____.

Removing is different from destroying. Don't _____ Verb - Base Form _____ or _____ Verb - Base Form _____ any objects associated with the person, unless you're sure that you never want them to be any part of your _____ Noun _____ in the _____ time frame _____. When you're _____ Adjective _____ and _____ Adverb _____ in love with someone who loves you just as much back, the memories will be a record of all that you went through to get to where you are now.

_____ Proper Noun _____ doesn't happen overnight. It can take a long time to be able to _____ Verb - Base Form _____ someone, so be sure you're actually _____ Adjective _____ to _____ Verb - Base Form _____. Usually, finding someone who truly _____ Verb - Present ends in S _____ you is a _____ Adjective _____ way to forgive the other person.

How do you _____ Verb - Base Form _____ someone? Recognize that everyone _____ Verb - Present ends in S _____ _____ Noun - Plural _____. Try to _____ Verb - Base Form _____ their _____ body parts _____, and understand why they were doing what they did. Try _____ Verb - Present ends in ING _____ yourself in their _____ clothing items _____. You don't have to come up with an answer, but try to come up with an _____ Proper Noun _____.

You don't have to tell the other person you _____ Verb - Base Form _____ them, but it helps. You can forgive them _____ Adverb _____ in your _____ body parts _____, if that's the way you want to do it. But you may want to have a _____ Noun _____ with them in the future; telling them you _____ Verb - Base Form _____ them will make that _____ Noun _____ easier.

