

# How to Heal a Broken Heart

1. Amount
2. Verb - Present Ends In Ing
3. Preposition
4. Time Frame
5. Direction
6. Noun
7. Noun
8. Verb - Present Ends In S
9. Verb - Base Form
10. Time Frame
11. Verb - Base Form
12. Verb - Present Ends In Ing
13. Verb - Present Ends In Ing
14. Verb - Present Ends In Ing
15. Noun - Plural
16. Adjective
17. Adjective
18. Adjective
19. Proper Noun
20. Verb - Base Form
21. Adverb
22. Adjective
23. Adjective

24. Adjective
25. Verb - Base Form
26. Proper Noun
27. Verb - Base Form
28. Room In House
29. Verb - Base Form
30. Noun - Plural
31. Verb - Present Ends In Ing
32. Adjective
33. Adjective
34. Verb - Base Form
35. Verb - Base Form
36. Noun
37. Time Frame
38. Adjective
39. Adverb
40. Proper Noun
41. Verb - Base Form
42. Adjective
43. Verb - Base Form
44. Verb - Present Ends In S
45. Adjective
46. Verb - Base Form
47. Verb - Present Ends In S
48. Noun - Plural

49. Verb - Base Form
50. Body Parts
51. Verb - Present Ends In Ing
52. Clothing Items
53. Proper Noun
54. Verb - Base Form
55. Adverb
56. Body Parts
57. Noun
58. Verb - Base Form
59. Noun

# How to Heal a Broken Heart

Give yourself \_\_\_\_\_ amount \_\_\_\_\_ me time. You've probably been in a relationship for a while, or maybe you've been \_\_\_\_\_ Verb - Present ends in ING \_\_\_\_\_ Preposition \_\_\_\_\_ that person non-stop for \_\_\_\_\_ time frame \_\_\_\_\_. Now is the time to take a step \_\_\_\_\_ direction \_\_\_\_\_, look at your \_\_\_\_\_ Noun \_\_\_\_\_, and move on to the next \_\_\_\_\_ Noun \_\_\_\_\_. Everyone \_\_\_\_\_ Verb - Present ends in S \_\_\_\_\_ down. It's how you \_\_\_\_\_ Verb - Base Form \_\_\_\_\_ that defines you.

Take a \_\_\_\_\_ time frame \_\_\_\_\_ to do whatever it is you \_\_\_\_\_ Verb - Base Form \_\_\_\_\_ most. Whether it's \_\_\_\_\_ Verb - Present ends in ING \_\_\_\_\_, \_\_\_\_\_ Verb - Present ends in ING \_\_\_\_\_, \_\_\_\_\_ Verb - Present ends in ING \_\_\_\_\_, or simply being around your \_\_\_\_\_ Noun - Plural \_\_\_\_\_, use the opportunity to surround yourself with \_\_\_\_\_ Adjective \_\_\_\_\_ people and do the things that make you \_\_\_\_\_ Adjective \_\_\_\_\_.

Start a journal to record how you feel. Writing things down can be a \_\_\_\_\_ Adjective \_\_\_\_\_ release. It's called " \_\_\_\_\_ Proper Noun \_\_\_\_\_," where you \_\_\_\_\_ Verb - Base Form \_\_\_\_\_ your mind through expression. Write about whatever you want to write about. You'll feel a \_\_\_\_\_ Adverb \_\_\_\_\_ better after you do.

Don't be afraid to feel \_\_\_\_\_ Adjective \_\_\_\_\_. It's normal to feel \_\_\_\_\_ Adjective \_\_\_\_\_. Don't feel \_\_\_\_\_ Adjective \_\_\_\_\_ or stupid if you \_\_\_\_\_ Verb - Base Form \_\_\_\_\_ or get upset -- these things are normal. Going through grief is just another step along the path to \_\_\_\_\_ Proper Noun \_\_\_\_\_. Let yourself \_\_\_\_\_ Verb - Base Form \_\_\_\_\_.

Go through your \_\_\_\_\_ room in house \_\_\_\_\_ and \_\_\_\_\_ Verb - Base Form \_\_\_\_\_ all pictures of, \_\_\_\_\_ Noun - Plural \_\_\_\_\_ from, references

to the person you're trying to stop \_\_\_\_\_ Verb - Present ends in ING over. If you have a journal in which you write about the person, begin a \_\_\_\_\_ Adjective new one. It's a symbolic new beginning, but an \_\_\_\_\_ Adjective one .

Removing is different from destroying. Don't \_\_\_\_\_ Verb - Base Form or \_\_\_\_\_ Verb - Base Form any objects associated with the person, unless you're sure that you never want them to be any part of your \_\_\_\_\_ Noun in the \_\_\_\_\_ time frame. When you're \_\_\_\_\_ Adjective and \_\_\_\_\_ Adverb in love with someone who loves you just as much back, the memories will be a record of all that you went through to get to where you are now.

\_\_\_\_\_ Proper Noun doesn't happen overnight. It can take a long time to be able to \_\_\_\_\_ Verb - Base Form someone, so be sure you're actually \_\_\_\_\_ Adjective to \_\_\_\_\_ Verb - Base Form. Usually, finding someone who truly \_\_\_\_\_ Verb - Present ends in S you is a \_\_\_\_\_ Adjective way to forgive the other person.

How do you \_\_\_\_\_ Verb - Base Form someone? Recognize that everyone \_\_\_\_\_ Verb - Present ends in S \_\_\_\_\_ Noun - Plural. Try to \_\_\_\_\_ Verb - Base Form their \_\_\_\_\_ body parts, and understand why they were doing what they did. Try \_\_\_\_\_ Verb - Present ends in ING yourself in their \_\_\_\_\_ clothing items. You don't have to come up with an answer, but try to come up with an \_\_\_\_\_ Proper Noun.

You don't have to tell the other person you \_\_\_\_\_ Verb - Base Form them, but it helps. You can forgive them \_\_\_\_\_ Adverb in your \_\_\_\_\_ body parts, if that's the way you want to do it. But you may want to have a \_\_\_\_\_ Noun with them in the future; telling them you \_\_\_\_\_ Verb - Base Form them will make that \_\_\_\_\_ Noun easier.

