

Pre-show rituals of the Crowns

1. Adjective
2. Part Of Body
3. Adjective
4. Verb - Present Ends In Ing
5. Noun - Plural
6. Adverb
7. Verb - Present Ends In Ing
8. Animal
9. Adjective
10. Noun
11. Verb - Present Ends In S
12. Liquid
13. Part Of Body
14. Part Of Body Plural
15. Expression
16. Noun - Plural
17. Food Singular
18. Adjective
19. Noun - Plural

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The Cardboard Crowns like to think they put on a somewhat _____ Adjective _____ show. Needless to say this doesn't happen without a little bit of _____ Part of Body _____ grease, and a lot of _____ Adjective _____ preshow rituals. Typically, before every show, Matt can be seen _____ Verb - Present ends in ING _____ his _____ Noun - Plural _____, and doing crunches. He says this keeps his blood flowing _____ Adverb _____, as well as keeping his focus on the task at hand : _____ Verb - Present ends in ING _____. Frank, being the energetic little _____ Animal _____ that he is, usually goes for a more _____ Adjective _____ kind of warm-up. You can usually find him running laps around the _____ Noun _____, or seeing if he can beat his record for most _____ Verb - Present ends in S _____ in a minute. Aside from guzzling several bottles of _____ Liquid _____, Joel will usually stretch his _____ Part of Body _____ to keep himself nimble on stage. He always says , " if your _____ Part of Body Plural _____ aren't warmed up, you're bound to choke, and the crowd will shout " _____ Expression _____ "!!! We're not entirely sure what our new drummer Dave does before shows, but we're told he sticks _____ Noun - Plural _____ in his ears to protect his hearing, and eats a _____ Food Singular _____ to keep his energy up. What a bunch of _____ Adjective _____ _____ Noun - Plural _____ ! See you at the next show!