

The Crowns Pre-show Rituals

1. Adjective
2. Part Of Body
3. Adjective
4. Verb - Present Ends In Ing
5. Noun - Plural
6. Verb - Present Ends In Ing
7. Animal
8. Adjective
9. Noun
10. Verb - Present Ends In S
11. Liquid
12. Part Of Body
13. Part Of Body Plural
14. Expression
15. Noun - Plural
16. Food
17. Adjective
18. Noun - Plural

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The Cardboard Crowns like to think they put on a somewhat _____ Adjective show. Needless to say this doesn't happen without a little bit of _____ Part of Body grease, and a lot of _____ Adjective preshow rituals. Typically, before every show, Matt can be seen _____ Verb - Present ends in ING his _____ Noun - Plural, and doing crunches. He says this keeps his blood flowing, as well as keeping his focus on the task at hand: _____ Verb - Present ends in _____ ING. Frank, being the energetic little _____ Animal that he is, usually goes for a more _____ Adjective kind of warm-up. You can usually find him running laps around the _____ Noun, or seeing if he can beat his record for most _____ Verb - Present ends in S in a minute. Aside from guzzling several bottles of _____ Liquid, Joel will usually stretch his _____ Part of Body to keep himself nimble on stage. He always says, "if your _____ Part of Body Plural aren't warmed up, you're bound to choke, and the crowd will shout _____ Expression !!!" We're not entirely sure what our new drummer Dave does before shows, but we're told he sticks _____ Noun - Plural in his ears to protect his hearing, and eats a _____ Food to keep his energy up. What a bunch of _____ Adjective _____ Noun - Plural! See you at the next show!