

# First bath

1. Noun
2. Adjective
3. Adjective
4. Noun
5. Noun
6. Verb - Present Ends In Ing
7. Verb - Present Ends In S
8. Noun
9. Adjective
10. Noun
11. Adjective
12. Noun
13. Number
14. Noun
15. Noun
16. Adjective
17. Adjective
18. Noun
19. Adjective
20. Length Of Time
21. Noun
22. Proper Noun
23. Adjective

24. Noun
25. Noun
26. Part Of Body
27. Noun
28. Verb - Base Form
29. Part Of Body
30. Part Of Body
31. Part Of Body
32. Adjective
33. Part Of Body
34. Part Of Body
35. Verb - Past Tense
36. Part Of Body
37. Verb - Past Tense
38. Part Of Body
39. Verb - Base Form

# First bath

Get the \_\_\_\_\_ ready -- like all the "firsts" to come, baby's \_\_\_\_\_ bath is a \_\_\_\_\_ event. In fact, every \_\_\_\_\_ time can be a special \_\_\_\_\_ for bonding with your newborn. Cooing, \_\_\_\_\_, talking -- your baby \_\_\_\_\_ the sound of your \_\_\_\_\_ and thrives on your \_\_\_\_\_ touch.

## Baby Bath: Getting Ready

The first bath will be a \_\_\_\_\_ bath. Pick a warm room with a \_\_\_\_\_ surface, like a bathroom or kitchen counter, a changing table, or a \_\_\_\_\_. Cover the surface with a thick towel. Make sure the room temperature is at least \_\_\_\_\_ degrees Fahrenheit, because babies chill easily.

Assemble all the baby \_\_\_\_\_ products you will need:

Baby bath sponge or clean wash \_\_\_\_\_ (double-rinsed)

\_\_\_\_\_ blanket or bath towel (a \_\_\_\_\_ one is nice)

Clean \_\_\_\_\_

Clean clothes

Vaseline and gauze (if you have a \_\_\_\_\_ boy)

Warm

water (not hot)

Important: Never leave your baby alone in a bath -- not even for Length of time. If you must get to the Noun, the stove, or whatever, take baby with you.

Baby Bath: Time for a Proper Noun Bath

Adjective sponge baths are perfect for the first few weeks until the umbilical Noun falls off, the Noun heals, and the navel heals completely.

The basics of bathing a baby:

First, undress baby -- cradling the Part of Body with one hand. Leave the diaper on (wash that area last).

Wrap baby in a Noun, exposing only those areas that you are washing.

Using a baby bath sponge or wash cloth, Verb - Base Form one area at a time. Start behind the Part of Body, then move to the neck, elbows, Part of Body, between fingers and toes. Pay attention to creases under the Part of Body, behind the ears, around the neck.

The hair comes toward the end of bath time so baby doesn't get Adjective. While newborns don't have much hair, you can sponge the few wisps that are there. To avoid getting eyes wet, tip the Part of Body back just a little. There's no need for shampoo; just use water.

Now

it's time to remove the diaper and sponge baby's belly, bottom, and genitals.

Wash little girls from front to back. If there's a little Part of Body discharge, don't worry -- and don't try to

wipe it all away. If a little boy is Verb - Past Tense, leave the Part of Body alone. If Verb -

Past Tense, don't wash the head of the Part of Body until it's healed.

Gently Verb - Base Form baby dry. Rubbing the skin will irritate it.

Bath time is over, and your fresh little baby is ready for a clean diaper and clothes!