

## A CFQ Halloween Story!

1. Adjective
2. Proper Noun
3. Noun - Plural
4. Noun
5. Noun - Plural
6. Proper Noun
7. Noun
8. Noun - Plural
9. Noun - Plural
10. Adjective
11. Noun - Plural
12. Adjective
13. Adjective
14. Noun - Plural
15. Noun - Plural
16. Noun - Plural
17. Adjective
18. Adverb
19. Proper Noun

# A CFQ Halloween Story!

Once upon a time there was a CrossFit box called CrossFit Queens. It was the most Adjective CrossFit box in all of Proper Noun. It was known as the box that delivered the best Noun - Plural! It was also known for having a thriving Noun with amazing Noun - Plural. One year on Halloween, one of the coaches, Coach Proper Noun decided he wanted to throw a special Noun. He invited all of his Noun - Plural and Noun - Plural including the most Adjective Noun - Plural at the box. He put together the most Adjective and Adjective WOD he could think of. It had a ton of Noun - Plural and Noun - Plural, which were his Noun - Plural. CrossFitters came from Adjective and Adverb to compete in Coach Proper Noun WOD. Little did he know that the world famous CrossFitter, Rich Froning would be in town and hear of his event. One of the box members, Rachel, alerted Coach Rosko that they would be there. Coach Rosko was so excited that he screamed. The event was a huge success and Rich Froning got the highest score! Later, the costume party was super amazing and special. Coach Rosko dressed as a soldier. All the clients swooned over his massive pectorals. Rachel won the best costume, as she was dressed as a clown. Even Rich Froning got in to the spirit and dressed as a witch. It was a night they would all remember!