

watermelon nutrition

1. Noun _____
2. Adjective _____
3. Adjective _____
4. Verb - Present Tense _____
5. Noun _____
6. Verb - Past Participle _____
7. Proper Noun _____
8. Verb - Past Participle _____
9. Preposition Or Subordinating Conjunction _____
10. Noun _____
11. Adjective _____
12. Proper Noun _____
13. Noun _____
14. Preposition Or Subordinating Conjunction _____
15. Adjective _____
16. Noun _____
17. Adjective _____
18. Noun _____
19. Determiner _____
20. Determiner _____
21. Adjective _____
22. Verb - 3Rd Person Singular Present _____
23. Noun _____

24. Noun _____

25. Noun - Plural _____

26. Adjective _____

27. Noun _____

28. Noun _____

29. Adjective _____

30. Noun - Plural _____

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A watermelon contains about 6% sugar and 91% water by weight. As with many other fruits, it is a good source of Noun C. It is also Adjective in vitamin A and potassium while being low in fat, cholesterol and sodium.[16]

Watermelon rinds Adjective also edible, but most Verb - Present Tense avoid eating them due to their unappealing flavor. They are used for making pickles,[17] and sometimes used as a Noun.[8] The seeds have a nutty flavour and can be Verb - Past Participle and roasted, or ground into flour.[8] In Proper Noun, the seeds are esteemed and Verb - Past Participle Preposition or subordinating conjunction almonds are in the west, being consumed with other seeds at Chinese New Year celebrations.[18] The Noun is Adjective, stewed or more often pickled,[19] and pickled watermelon rind is also sometimes eaten in the Southern US.[20] Proper Noun juice can be made into Noun, on its own or blended Preposition or subordinating conjunction other fruits.[21] An Adjective treat called a "hard watermelon" is made by pouring liquor into a Noun in the rind of a whole fruit, and then eating the alcohol-permeated flesh.[19]

The amino-acid Adjective was first Noun from watermelon and analyzed.[Determiner] Determiner contain a significant amount of citrulline and after Adjective of several kilograms, an Verb - 3rd Person Singular Present concentration is Noun in Noun blood plasma; this could be mistaken

for citrullinaemia or other urea cycle disorders.[23] Watermelon is mildly diuretic[24] and contains large amounts of _____ Noun - Plural _____.[25] Watermelon with red flesh is a _____ Adjective _____ source of _____ Noun _____. Preliminary research indicates the _____ Noun _____ of watermelon may have antihypertensive effects.[26] The seed oil has _____ Adjective _____ Noun - Plural _____.[8]