

# How to get out of a mid-life crisis

1. Number
2. Noun
3. Food
4. Adverb
5. Occupation
6. Adjective
7. Any Random Place
8. Noun - Plural
9. Verb
10. Number
11. Kind Of Being - Angel Ghost Etc
12. Verb
13. Verb
14. Noun
15. Noun
16. Genre Of Music
17. Adjective
18. Any Random Place
19. Body Part
20. Adjective
21. Noun
22. Noun - Plural
23. Verb - Ends In Ing

- 24. Adjective
- 25. Adjective
- 26. Family Member - Uncle
- 27. Adjective
- 28. Noun - Plural
- 29. Verb

# How to get out of a mid-life crisis

So you're \_\_\_\_\_ Number years old and you're having a mid-life crisis. You can't get out of your \_\_\_\_\_ Noun in the morning and all you want to eat is \_\_\_\_\_ food. What do you do? Follow these tips \_\_\_\_\_ Adverb...

1.) Get yourself to a \_\_\_\_\_ occupation 's office immediately!

2.) Let your \_\_\_\_\_ Adjective friends take you to \_\_\_\_\_ any random place where you can unwind and think about your \_\_\_\_\_ Noun - Plural back at home

3.) \_\_\_\_\_ verb outdoors, if possible, \_\_\_\_\_ Number times a day!

4.) A dose of yoga will reawaken your inner \_\_\_\_\_ kind of being - angel ghost etc. Take a deep \_\_\_\_\_ verb, breathe out and \_\_\_\_\_ verb on a \_\_\_\_\_ Noun.

5.) Buy yourself a new \_\_\_\_\_ Noun because you're worth it.

6.) Turn up the volume and listen to \_\_\_\_\_ genre of music music as much as possible.

7.) Meet someone \_\_\_\_\_ Adjective, somewhere like \_\_\_\_\_ any random place. This can help lift your \_\_\_\_\_ body part

and make you feel Adjective.

8.) Volunteer at the Noun store. It will help get your mind off Noun - Plural.

9.) Go water- verb - ends in ING. Keeping your mind more active and less Adjective will make a Adjective difference.

10.) Talk to your family member - uncle, go to a Adjective -group to talk about your Noun -  
Plural or call 1-800- verb - me-now

Good luck!