

# A New Earth

1. Verb - Present Ends In Ing \_\_\_\_\_
2. Adjective \_\_\_\_\_
3. Verb - Base Form \_\_\_\_\_
4. Noun - Plural \_\_\_\_\_
5. Verb \_\_\_\_\_
6. Adjective \_\_\_\_\_
7. Noun \_\_\_\_\_
8. Noun \_\_\_\_\_
9. Verb \_\_\_\_\_
10. Noun - Plural \_\_\_\_\_

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"If you are not \_\_\_\_\_ Verb - Present ends in ING all of your \_\_\_\_\_ Adjective life in discontent, worry, \_\_\_\_\_ Verb - Base Form, depression, despair, or consumed by other negative \_\_\_\_\_ Noun - Plural; if you are able to \_\_\_\_\_ Verb \_\_\_\_\_ Adjective things like listening to the sound of the \_\_\_\_\_ Noun or the \_\_\_\_\_ Noun; if you can \_\_\_\_\_ Verb the beauty of \_\_\_\_\_ Noun - Plural moving across the sky or be at times without feeling or needing the mental stimulus of entertainment; if you find yourself treating a complete stranger with heartfelt kindness without wanting anything from him or her...it means that a space has opened up, no matter how briefly, in the otherwise incessant stream of thinking that is the human mind. When this happens, there is a sense of well-being, of alive peace, even though it may be subtle. The intensity will vary from a perhaps barely noticeable background sense of contentment to what the ancient sages of India called ananda--the bliss of Being."