

How to jump rope

1. Noun - Plural
2. Verb
3. Noun
4. Verb
5. Noun
6. Verb - Past Participle
7. Noun
8. Verb - Present Tense
9. Adjective
10. Noun

How to jump rope

Do you know how to jump rope? Many _____ don't. If you don't, I'm here to _____! First
get a _____, you will need it to begin and _____. Next _____ the rope behind you while
holding both ends. As the rope _____ up to your feet, _____! Keep practicing and
_____ if you don't get it at first. Once mastered, jump rope is very fun and a _____
skill to have. I hope you enjoy your new _____!