

Vulnerability

1. Noun
2. Noun
3. Full Name Of A Person
4. Same Noun
5. Same Noun
6. Same Noun
7. Same Person
8. Adjective
9. Verb - Present Ends In S
10. Adjective
11. Same Noun
12. Adjective
13. Noun
14. Same Noun
15. Same Person
16. Verb - Past Tense
17. Number
18. Adjective
19. Noun - Plural
20. Number
21. Number
22. Same Noun
23. Verb - Base Form

24. Noun _____

25. Verb - Base Form _____

26. Noun _____

27. Verb - Base Form _____

28. Verb - Base Form _____

29. Same Person _____

30. Verb - Base Form _____

31. Same Noun _____

32. Same Noun _____

33. Adjective _____

34. Same Adjective _____

35. Same Noun _____

36. Adjective _____

37. Same Noun _____

38. Noun - Plural _____

Vulnerability

Is _____ Noun _____ the same as _____ Noun _____? "In our culture," teaches Dr. _____ Full Name of a Person _____, "we associate _____ same noun _____ with emotions we want to avoid such as fear, shame, and uncertainty. Yet we too often lose sight of the fact that _____ same noun _____ is also the birthplace of joy, belonging, creativity, authenticity, and love." On The Power of _____ same noun _____, Dr. _____ same person _____ offers an invitation and a promise--that when we dare to drop the armor that protects us from feeling _____ Adjective _____, we open ourselves to the experiences that bring purpose and meaning to our lives. Here she _____ Verb - Present ends in S _____ the _____ Adjective _____ myth that _____ same noun _____ is weakness and reveals that it is, in truth, our most _____ Adjective _____ measure of _____ Noun _____.

"The Power of _____ same noun _____ is a very personal project for me," _____ same person _____ explains. "This is the first place that all of my work comes together. This audio course draws from all three of my books--it's the culmination of everything I've _____ Verb - Past Tense _____ over the past _____ Number _____ years. I'm very excited to weave it all into a truly _____ Adjective _____ form that shows what these _____ Noun - Plural _____ and insights can mean in our lives."

Guidance and Insights for Wholehearted Living

Over the past _____ Number _____ years, Dr. Bren Brown has interviewed _____ Number _____ of people as part of an ongoing study of _____ same noun _____. "The research shows that we try to _____ Verb - Base Form _____ disappointment with a shield of _____ Noun _____, _____ Verb - Base Form _____ shame by numbing ourselves against _____ Noun _____, and _____ Verb - Base Form _____

grief by shutting off our willingness to _____ Verb - Base Form _____," explains Dr. _____ same person _____. When we become aware of these patterns, she teaches, we begin to become conscious of how much we _____ Verb - Base _____ Form _____ in the name of self-defense--and how much richer our lives become when we open ourselves to _____ same noun _____.

"In my research," Dr. Brown says, "the word I use to describe people who can live from a place of _____ same noun _____ is _____ Adjective _____. Being _____ same adjective _____ is a practice--one that we can choose to cultivate through empathy, gratitude, and awareness of our _____ same noun _____ armor. Join this engaging and _____ Adjective _____ teacher on The Power of _____ same noun _____ as she offers profound _____ Noun - Plural _____ on leaning into the full spectrum of emotions--so we can show up, let ourselves be seen, and truly be all in.