

Vulnerability

1. Noun
2. Noun
3. Full Name Of A Person
4. Same Noun
5. Same Noun
6. Same Noun
7. Same Person
8. Adjective
9. Verb - Present Ends In S
10. Adjective
11. Same Noun
12. Adjective
13. Noun
14. Same Noun
15. Same Person
16. Verb - Past Tense
17. Number
18. Adjective
19. Noun - Plural
20. Number
21. Number
22. Same Noun
23. Verb - Base Form

24. Noun
25. Verb - Base Form
26. Noun
27. Verb - Base Form
28. Verb - Base Form
29. Same Person
30. Verb - Base Form
31. Same Noun
32. Same Noun
33. Adjective
34. Same Adjective
35. Same Noun
36. Adjective
37. Same Noun
38. Noun - Plural

Vulnerability

Is _____^{Noun} the same as _____^{Noun}? "In our culture," teaches Dr. _____^{Full Name of a Person}, "we associate _____^{same noun} with emotions we want to avoid such as fear, shame, and uncertainty. Yet we too often lose sight of the fact that _____^{same noun} is also the birthplace of joy, belonging, creativity, authenticity, and love." On The Power of _____^{same noun}, Dr. _____^{same person} offers an invitation and a promise--that when we dare to drop the armor that protects us from feeling _____^{Adjective}, we open ourselves to the experiences that bring purpose and meaning to our lives. Here she _____^{Verb - Present ends in S} the _____^{Adjective} myth that _____^{same noun} is weakness and reveals that it is, in truth, our most _____^{Adjective} measure of _____^{Noun}.

"The Power of _____^{same noun} is a very personal project for me," _____^{same person} explains. "This is the first place that all of my work comes together. This audio course draws from all three of my books--it's the culmination of everything I've _____^{Verb - Past Tense} over the past _____^{Number} years. I'm very excited to weave it all into a truly _____^{Adjective} form that shows what these _____^{Noun - Plural} and insights can mean in our lives."

Guidance and Insights for Wholehearted Living

Over the past _____^{Number} years, Dr. Bren Brown has interviewed _____^{Number} of people as part of an ongoing study of _____^{same noun}. "The research shows that we try to _____^{Verb - Base Form} disappointment with a shield of _____^{Noun}, _____^{Verb - Base Form} shame by numbing ourselves against _____^{Noun}, and _____^{Verb - Base Form}

grief by shutting off our willingness to _____
Verb - Base Form_____, " explains Dr. _____.
same person_____. When we
become aware of these patterns, she teaches, we begin to become conscious of how much we _____
Verb - Base
Form_____ in the name of self-defense--and how much richer our lives become when we open ourselves to
_____.
same noun_____.

"In my research," Dr. Brown says, "the word I use to describe people who can live from a place of
_____.
same noun_____ is _____
Adjective_____." Being _____
same adjective_____ is a practice--one that we can choose to
cultivate through empathy, gratitude, and awareness of our _____
same noun_____ armor. Join this engaging and

Adjective_____ teacher on The Power of _____
same noun_____ as she offers profound _____
Noun - Plural_____ on
leaning into the full spectrum of emotions--so we can show up, let ourselves be seen, and truly be all in.