Twelve Steps

1.	Adjective
2.	Adjective
3.	Noun
4.	Noun
5.	Verb - Base Form
6.	Verb - Base Form
7.	Adjective
8.	Adjective
9.	Noun
10.	Noun
11.	Noun
12.	Adjective
13.	Adjective
14.	Noun
15.	Noun
16.	Verb - Base Form
17.	Verb - Past Tense
18.	Noun
19.	Adjective
20.	Noun - Plural

Twelve Steps

1. We admitted that we were over drugs and alcohol and that our lives had become
Adjective
2. Came to believe and accept that we need beyond ourselves to restore us to
3. Made a decision to our wills and our lives to the care of the collective wisdom and
resources of those who before us.
4. Made a and and moral inventory of ourselves.
5. We admitted to ourselves, without, and to another human being the exact nature of our
Noun
6. We are ready to accept help in letting go of all our
7. With and Adjective sought to eliminate our shortcomings.
8. Made a of all persons we had harmed and became willing to make to them all.
9. Made direct amends to such people whenever possible, except when to do so would
them or others.
10. Continued to take personal inventory and when we were wrong promptly it.
11. Sought through Noun to improve our Adjective awareness and our understanding of the AA
way of life and to discover the power to carry out that way of life.
12. Having had a spiritual awakening as a result of these Noun-Plural, we tried to carry this message to
addicts and to practice these principles in all our affairs.

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