

Christie Lap Band

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Christie Lap Band

Chris Christie Adverb underwent weight-loss Noun earlier this year, the New Jersey governor said Tuesday.

Christie (R) Adverb disclosed that he underwent the Repeat Last Noun, known as gastric band Repeat Last Noun, in an interview published Tuesday by the New York Post.

He said at press Proper Noun Tuesday afternoon that the procedure was Adjective easy and that he maintained an active schedule afterward, despite some soreness. He said he did not want to become a Noun model for Adjective people and emphasized the personal nature of his struggle with obesity.

"I do not see myself nor do I care to be a role model in this regard for anyone; this is an Adverb personal issue," he said. "No matter what happens with me ... the fact of the matter is everyone has to make these decisions for themselves."

Christie aides confirm he had the Verb - Past Participle done Feb. 16. They will not say whether he has lost weight or, if so, how much.

In gastric band Repeat Last Noun -- also known as lap band Repeat Last Noun -- a band is placed around the stomach to reduce the amount of food one can eat and make the patient feel full with less food. The band can be adjusted.

Political candidates often lose weight in preparation for big political campaigns. Former Arkansas governor Mike Huckabee (R), for example, famously lost more than 100 pounds before running for president and wrote a book

about healthy living.

But Christie told the New York Post that the move was not motivated by any designs on running for the White House in 2016.

"I know it sounds crazy to say that running for president is minor, but in the grand scheme of things, it was looking at Mary Pat and the kids and going, 'I have to do this for them, even if I don't give a crap about myself,'" he said.

Christie's weight has been an ongoing theme of his political career, and he has dealt with it in his characteristically brusque manner.

Shortly before undergoing the surgery, Christie poked fun at his weight during an appearance on "Late Show With David Letterman." As Letterman talked, Christie produced a doughnut and took a bite while expressing frustration with how long the interview was taking.

"I'm basically the healthiest fat guy you've ever seen in your life," he said then.

The gag earned a rebuke from a former White House doctor, whom Christie later told to "shut up."

Gastric band surgery is the least invasive but also least successful form of weight-loss surgery, versus other procedures like gastric bypass surgery.