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Peak Flow for Kids

1. Noun _____
2. Celebrity _____
3. Verb _____
4. Verb _____
5. Noun _____
6. Noun _____
7. Adjective _____
8. Animal _____
9. Adjective _____
10. Something With Wheels _____
11. Number _____
12. Noun _____
13. Adjective _____
14. Part Of Body _____
15. Silly Word _____
16. Place _____
17. Game _____

Peak Flow for Kids

Joey is an awesome kid who has asthma. Every morning, he has to test his peak _____Noun_____ to find out what his _____Celebrity_____ zone is. One day, Joey is _____Verb_____ with his friends when he starts to have a hard time _____Verb_____. He goes inside to tell his _____Noun_____. She makes him blow into his _____Noun_____ _____Adjective_____ meter and tells him he is in the _____Animal_____ zone. Uh oh! Joey takes two puffs of his _____Adjective_____ _____Something With Wheels_____ and waits _____Number_____ minutes to give it time to work. He blows into his _____Noun_____ _____Adjective_____ meter again and his _____Part of Body_____ tells him he is back in the _____Silly Word_____ zone. Joey is so happy! Now he can go back _____Place_____ and play _____Game_____ with his friends.

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