

## Exercise

1. Adverb
2. Adjective
3. Noun - Plural

# Exercise

You should always be \_\_\_\_\_ Adverb when exercising... You do not want to pull or strain any of your muscles . First you must make sure you are checked by your doctor. Once you get the \_\_\_\_\_ Adjective light you can then join a gym and start watching the \_\_\_\_\_ Noun - Plural melt off and the muscle pile on!