

How to run in Cross Country

1. Teacher Last Name
2. Number
3. Place
4. Animal (Plural)
5. Adjective
6. Temperature

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In order to run cross country, you have to first sign your name and ask coach _____teacher last name_____ if you want to participate. If you are going to run cross country, then you have to run _____Number_____ miles per hour, and you might even have to run from your house all the way to _____place_____, passing the barn with dozens of _____Animal (plural)_____, and you might even have to run across the san francisco bridge under the _____Adjective_____ fog across the _____temperature_____ water. This is cross country and coaches have to encourage you to run without STOPPING.