

Running

1. Verb - Past Participle
2. Noun - Plural
3. Modal
4. Verb
5. Noun - Plural
6. Noun

Running

St. Louis, MO - June 12, 2012 - The TASK Rock 'n' Roll St. Louis Marathon & 1/2 Marathon presented by the Quinn Family Charitable Fund is returning to St. Louis on Sunday, October 21 with a Verb - Past Participle course and new two-person relay. The race will start and finish across from City Hall with amazing views of the Gateway Arch, and also run by other notable Noun - Plural throughout St. Louis.

The electrifying energy of live, local bands, motivating cheer teams and thousands of Modal Verb will entertain runners as they journey along 26.2 or 13.1 miles. In addition to the full and half marathon, participants have a new option this year to split the miles with a friend or family member in the 2-person half-marathon relay. Relay participants either run a 6.4 or 6.7-mile leg of the race, while also enjoying the same Noun - Plural and Noun day celebrations as full and half marathon runners.

The new course will take runners on a tour of downtown including the home of the Cardinals at Busch Stadium, the Historic Courthouse and Washington Avenue. After a loop through St. Louis University, the course passes 'The Grove' neighborhood, beautiful Tower Grove Park and Lafayette Park. The race finishes back downtown with a finish line festival and post-race concert, taking place in the inviting parks off Chestnut and Market Street.

"We're always looking for ways to improve and our runners and spectators will find the new course convenient and enjoyable as they take in the scenic highlights from around the city," said Alan Culpepper, two-time U.S. Olympian,

and Event Operations Director for Rock 'n' Roll Marathon Series. "The addition of the two-person relay offers a distance that anyone can achieve and will enable even more participants to be part of the event."

Race weekend kicks off with a free Health & Fitness Expo at the America's Center Convention Complex on Friday, October 19 and Saturday, October 20. A runner's ultimate resource, the Expo brings together nearly 100 exhibitors offering the best in gear, nutrition, and training along with legendary running experts and athletes hosting interactive clinics.