Cholesterol

1.	Name Of A Person
2.	Adjective
3.	Plural Noun
4.	Adjective
5.	Past Tense Verb
6.	Adjective
7.	Plural Noun
8.	Adjective
9.	Plural Noun
10.	Plural Noun

Cholesterol

In recent years, the term bad cholesterol has been used to refer to LDL which, according to the Name of
hypothesis, is thought to have harmful actions, and good cholesterol to refer to HDL, thought to have
beneficial actions.
Cholesterol is required to build and maintainAdjective Plural noun; it regulates membrane fluidity
over arange of temperatures.
Cholesterol is excreted from the liver in bile andfrom the intestines. Under certain
circumstances, when more concentrated, as in the gallbladder, it crystallises and is the major constituent of most
gallstones.
Cholesterol is found in animal fats: all food containingAdjectivePlural nouncontains cholesterol;
food not containing Adjective Plural noun contains no cholesterol or negligible amounts. Major
dietary sources of cholesterol include eggs, beef and

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